

\$20 EARLY BIRD (extended till Sept 1) \$25
ADULT
(after Sept 1)

\$10 YOUTH (age 12-18)

FREE

YOUTH (under 12)

- √ 5K WALK, RUN, OR BOTH
- ✓ PLUS 1 MILE CHALLENGE RACE AT KICKOFF (OPTIONAL)
- ✓ FREE TEE-SHIRTS (WHILE SUPPLIES LAST)
- ✓ PRIZES FOR EVERY AGE CATEGORY + LARGEST TEAM

Prince Georges Sports & Learning Complex
Outside Track if sunny - Inside track if rainy
8001 Sheriff Road, Landover, MD



REGISTER TODAY!

www.360wholeness.org/next-event

SPONSORS:





Ronald Lipford, AIA, NOMA | Principal and CEO 5827 Allentown Way | Temple Hills, MD 20748 P 301.868.2735 ext 224 F 301.449.7400 Direct 240.546.0318 website | map | email





DONORS & PARTNERS:

* Panera Bread * Mary Kay Cosmetics

* J'Lontai T. J. Manning * De'Borah Holland, Harvest Destiny LLC
* Carvel Ice Cream, New Carrolton

* City of Hope International Worship Centre

* Vision Impact Center * Ultimate Fitness, LLC

* WGTS 91.9 * F&S Auto



Family Restoration and Healing Center Inc. is a non-profit organization offering programs collectively called "360 Wholeness". All proceeds help at-risk individuals and families cope with stressful situations & achieve success and wholeness. Join us as we walk for Wholeness!!